

Summer Festival Days

June 27: Festival Keynotes and Inspiration

2:45 p.m. – 3:45 p.m. PST

WORKSHOP: How to Turn Your Pain Into Art An interactive experience with **Laura Cathcart Robbins**

Join Laura Cathcart Robbins for an interactive writing workshop experience where she will discuss how to take your toughest life struggles and churn them into art that can change the world. This is a topic that Laura knows well, and she is fired up to speak to you about it!

Laura will share her experience as writer and host of the popular podcast, *The Only One In The Room* and offer prompts to encourage you to dig deep and become the alchemist she knows you can be.



LAURA CATHCART ROBBINS

Laura Cathcart Robbins is a freelance writer and host of the popular podcast, *The Only One In The Room*, living in Studio City, California, with her son, Justin, and her boyfriend and producer, Scott Slaughter. She has been active for many years as a speaker and school trustee and is credited for creating The Buckley School's nationally recognized committee on Diversity, Equity, and Inclusion. Her recent articles in the *Huffington Post* on the subjects of race, recovery, and divorce have garnered her worldwide acclaim. She is a 2018 *LA Moth* StorySlam winner and was recently named the weekly US contributor for the Italian Newsmagazine, *The Daily Worker.it*. Laura currently sits on the advisory board for the San Diego Writer's Festival and the Outliers HQ podcast Festival. Laura is also a founding member of Moving Forewords, the first national memoirist collective of its kind. Find out more about her on her website, <https://theonlyonepod.com>, or you can look for her on Facebook @lauracathcartrobbins, on Instagram @official_cathcartrobbins and follow her on Twitter @LauraCRobbins

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